



Fax To Quit



Do You Know Someone Who Is Ready To Quit Smoking?

What is the PA Free Quitline?

- ❖ The PA Free Quitline (1-800-QUIT-NOW) is a free, individualized, telephone counseling service for people who are ready to quit smoking. The Quitline is available in a variety of languages. Quitlines have been shown to increase chances of quitting by over 30%.

What is Fax To Quit?

- ❖ *Fax to Quit* is a direct fax referral program to the PA Free Quitline.

How does Fax to Quit work?

- ❖ Once a referral is faxed, the client will receive a call from a Quitline coach within 48 hours.
- ❖ Trained Quitline coaches provide an assessment, assistance in developing a quit plan, coaching, support, and follow-up calls.
- ❖ Free nicotine patches, gum, and lozenges may be available to those who enroll in the *Fax To Quit* program.

Who can make referrals?

- ❖ Any health care or social service provider who treats a tobacco user can make a Fax to Quit referral. This may include Physicians, Nurses, Social Workers, Case Managers, Pharmacists, Dentists, and Psychologists. The Quitline will follow up with you when contact is made with your client.

How do I get started?

- ❖ Visit www.smokefreephilly.org to download a referral form and get more information about tobacco cessation resources in Philadelphia.
- ❖ For additional information or assistance, contact us at QuitsSmokingHelp@phila.gov, or call 215-685-5693.