

# Health 101 for Refugee and Immigrant Communities 2017 Training Schedule

**Who:** Service Agency Case Managers, Social Workers, and Community Leaders

**What:** Learn About Health Basics and Community Resources

**Where:** South Philadelphia Library (1700 S. Broad St)

These events are **FREE** and open to the public

For more information contact Sarah Levin-Lederer at

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## Healthy Homes 101

**When:** Tuesday, March 7  
1:30pm-4:30pm

**Learn about bedbugs and lead**

## Healthy Living 101

**When:** Tuesday, June 6  
1:30pm-4:30pm

**Learn about exercise, nutrition and smoking cessation**

## Mental Health 101

**When:** Thursday, September 7  
1:30pm-4:30pm

**Learn about mental health**

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